

Safety During a Violent Incident

- When an argument begins, try to move to a room or area that has access to an exit. Avoid the bathroom, kitchen, or anywhere there could be a potential weapon.
- Practice how to get out of your home. Identify which doors, windows, stairwells or elevators would be best.
- Devise a signal or code word to use with your family, friends and neighbors when you need the police.
- Identify a neighbor who you can tell about the violence.
 Ask that neighbor to call the police if they hear a disturbance coming from your home or a prearranged signal.
- Decide and plan where you will go if you have to leave home (even if you don't think you will need to).
 This should be a safe place from which you can call for further assistance.
- Use your own instincts and judgement. You have a right to protect yourself until you are out of danger.
- Always remember you don't deserve to be hit or threatened!

Safety When Preparing to Leave

- Open a bank account in your own name to establish or increase your independence.
- Have a packed bag ready and keep it in a secret place that is easy to reach.
- Leave money, an extra set of keys, copies of important documents and extra clothes with someone you trust.
- Determine who you could stay with when you leave.
 They should not be fearful of your significant other.
- Keep important phone numbers close at hand; keep your phone charged and with you for emergency phone calls.
- Practice how you would leave your home quickly if you had to. Remember – leaving your batterer can be very dangerous!

Safety in Your Own Home

- Change the locks on your doors as soon as possible.
 Buy additional locks and safety devices to secure your windows.
- Inform your neighbors and landlord that your partner no longer lives with you, and that they should call the police if they see him/her near your home.

If You Have Children

- With the adult caregiver and child, discuss the use of a code word and what the child should do when the word is used.
- Plan where to go when fighting starts (i.e., neighbor, relative, own room with door shut).
- Teach the child to call 911 if fighting starts.
- Inform your children's schools, day care, etc., about who has permission to pick them up.

Safety with a Protective Order

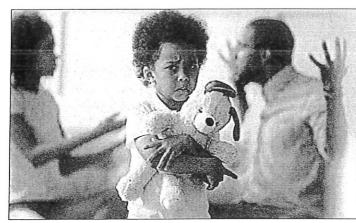
- · Keep your protective order with you at all times.
- Call the police if your partner breaks the protective order.
- Think of alternative ways to remain safe if the police do not respond right away.
- Inform family, friends, neighbors and landlord that you have a protective order in effect.

Safety on the Job and In Public

- Decide who at work you will inform of your situation.
 This should include office or building security. Provide them with a picture of your partner, if possible.
- Arrange to have someone screen your telephone calls, if possible.
- Devise a safety plan for coming and going from work.
 Have someone escort you to and from your car or the bus.
 Use a variety of different routes to go home.

Important Items to Take When You Leave:

- Address book
- Auto title/insurance
- Bank and investment account information
- Birth certificates
- · Children's school records
- · Comfort items or favorite toys for children
- · Driver's license/ID/passport
- Health insurance documents/cards
- House and car keys
- Immigration papers/work permit
- · Lease, rental agreement or property deed
- Marriage/divorce documents
- Medical records
- Medications at least 1 month supply and written prescriptions
- Money, credit and ATM cards
- Photographs, small keepsakes
- Protective/custody orders, police reports
- Social Security cards



Family violence doesn't just affect adults. Chances are, your kids are victims, too.

FOR HELP: fcapc.org, lucaskids.net, or ywcanwo.org

















Domestic Violence Services

Bethany House	419.727.4948	https://www.bethanyhousetoledo.org/
Children's Advocacy Center/Children Who Witness Violence Project	419.292.2927	https://www.fcapc.org/
Cocoon Shelter (Bowling Green)	1.419.352.1545	https://thecocoon.org/
Crisis Response	419.245.3324	Staffed 8am – 4pm; other hours leave a message or call 9-1-1
Domestic Violence Resource Center (civil protection order)	419.213.2700	https://co.lucas.oh.us/550/Domestic-Violence
Emergency	9-1-1	
Family and Child Abuse Prevention Center/ Domestic Violence Court Advocate	419.244.3053	https://www.fcapc.org/
Jewish Family Services	419.885.2561	https://www.jewishtoledo.org/
Juvenile Court (protection order against a minor)	419.213.6722	https://co.lucas.oh.us/204/Juvenile-Court
Lucas Co. Children Services	419.213.3200	https://lucaskids.net/
Lucas Co. Victim-Witness Assistance	419.213.4591	https://co.lucas.oh.us/3150/VictimWitness-Assistance
Maumee Victims' Advocate	419.897.7152	https://co.lucas.oh.us/3160/Subur- ban-Courts-Services
National Domestic Violence Hotline	1.800.799.7233	https://www.thehotline.org/
National Teen Dating Abuse Helpline	1.866.331.9474	https://www.loveisrespect.org/
Ohio Domestic Violence Network	1.800.934.9840	https://www.odvn.org/
Oregon Court Advocate	419.698.7067	http://www.oregonmunicipalcourt.us/
Providence Center	·419.244.0666	https://www.facebook.com/The-Providence-Center-for-Social-and-Economic-Empowerment-345170038904396/
Sylvania Court Advocate	419.882.8018	https://www.sylvaniacourt.com/
Toledo Police Domestic Violence Officer Detective Teresa Talton	419.245.1132 419-936-3827	https://toledopolice.com/community/ crime-victims-resources.html
Unison Behavioral Health	419.693.0631	https://www.unisonhealth.org/
United Way 2-1-1	Dial 2-1-1	https://www.unitedwaytoledo.org/
YWCA Domestic Violence Shelter	419.241.7386	https://www.ywcanwo.org/
YWCA Domestic Violence Crisis Line	1.888.341.7386 / 419.241.7386	
YWCA Rape Crisis Center Sexual Assault Hotline & Support Group (adults & teens)	1.866.557.7273 / 419.241.7273	

BATTERERS' INTERVENTION RESOURCES

EAST TOLEDO BAPTIST CHURCH 807 EAST BROADWAY STREET TOLEDO, OHIO 43605

PO Box 141193 Toledo, OH 43614Lucas County (get directions)

(419) 297-3530 Voice

DOMESTIC VIOLENCE INTERVENTION PROGRAMS (click for details)

BATTERER INTERVENTION

Services: Domestic Violence Intervention Programs

FAMILY AND CHILD ABUSE PREVENTION CENTER LUCAS COUNTY

2460 Cherry Street Toledo, OH 43608Lucas County (get directions)

(419) 244-3053 ext 221 Administrative

(419) 244-1100 Fax

DOMESTIC VIOLENCE INTERVENTION PROGRAM (click for details)

BATTERERS INTERVENTION AND PREVENTION

(419) 244-3053 ext 221 Voice Program Facilitator

Services: Domestic Violence Intervention Programs

LUTHERAN SOCIAL SERVICES OF NORTHWESTERN OHIO

2149 Collingwood Boulevard Toledo, OH 43620Lucas County (get directions)

(419) 243-9178 Voice

(419) 243-4450 Fax

(800) 577-8629 TTY

toledo@lssnwo.org

www.lssnwo.org

MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES (click for details)

COUNSELING

Services: Domestic Violence Intervention Programs

(419) 255-3125 Hot Line Recovery Helpline (LUCAS CO.) - OFFER WARM TRANSFER

(419) 243-9178 Voice Rings Lutheran Social Service of NWO

All Lucas County residents should be offered a warm transfer to the county's Recovery Helpline, which can schedule an expedited appointment for this service at this agency.

PROVIDENCE CENTER FOR SOCIAL AND ECONOMIC EMPOWERMENT

1205 Broadway Street Toledo, OH 43609Lucas County (get directions)

(419) 244-0666 Voice

(419) 244-0691 Fax

CRIMINAL JUSTICE AND LEGAL SERVICES (click for details)

DOMESTIC VIOLENCE INTERVENTION

Services: Domestic Violence Intervention Programs

(419) 244-0666 Voice

SYLVANIA MUNICIPAL COURT

6700 Monroe Street Sylvania, OH 43560Lucas County (get directions)

(419) 885-8975 Administrative

(419) 885-8987 Fax

ADULT PROBATION (click for details)

PROBATION DEPARTMENT

(419) 885-8975 ext 5 Voice Adult Probation

Services: Domestic Violence Intervention Programs

TOLEDO POLICE DEPARTMENT

525 N Erie Street Toledo, OH 43604Lucas County (get directions)

(419) 245-3340 Voice Non-Emergency

(419) 255-1111 Voice Crime Stopper

(419) 245-3100 Voice Records Section

(419) 936-3858 Voice Traffic Section

(419) 936-3823 Voice Domestic Violence Unit

(419) 245-3330 Voice Gang Task Force

(419) 245-3165 Voice Vice/Narcotics Unit

(419) 245-3142 Voice ISB

(419) 936-8990 Voice Emergency Number for callers outside of Toledo

(419) 245-3246 Voice Information

911 Emergency

(419) 936-2402 Fax

(419) 245-3200 Administrative

DOMESTIC VIOLENCE INTERVENTION PROGRAMS (click for details)

24 HOUR CRISIS RESPONSE TEAM

(419) 245-3324 Voice

https://www.co.lucas.oh.us/3156/24-Hour-Crisis-Response-Team

Services: Domestic Violence Intervention Programs

UNISON BEHAVIOURAL HEALTH 1425 STARR AVE, 419 693 0631

YWCA OF NORTHWEST OHIO

1018 Jefferson Avenue Toledo, OH 43604Lucas County (get directions)

(888) 341-7386 Toll Free Crisis Line Domestic Violence Shelter

(419) 241-7386 Hot Line Domestic Violence Shelter

(419) 241-3235 Administrative

(419) 255-5752 Fax